



Ballina CBD to Sharpes Beach



## RIDING on the ROAD

- ▶ Always **obey the road rules**, including helmet laws
- ▶ Ride in a **predictable** manner
- ▶ You are permitted to ride two abreast, but **not more than 1.5 metres apart**
- ▶ Give **hand signals** when changing lanes, turning left, right or stopping
- ▶ **Plan your route** using quieter streets, cycleways or shared paths.



GO TOGETHER

Visit [www.gotogogether.transport.nsw.gov.au](http://www.gotogogether.transport.nsw.gov.au) for more information on sharing roads and cycleways.



Lennox Head to Pat Morton Lookout



North Wall Ballina



## BIKE RIDING SAFETY

- ▶ When riding, you are required by law to wear an **approved bike helmet** fitted and fastened on your head
- ▶ Bike riders must have a working **brake**
- ▶ Ensure you have a fully functioning **bell, horn or other warning device**
- ▶ **Lights and reflectors** increase your visibility. By law, you must have your lights on between sunset and sunrise, and in bad weather
- ▶ You should also have a **red reflector** visible from the rear.

## EXERCISE your DOG

Get out and about with the whole family and enjoy walking your four-legged friend in Ballina Shire.



**Dogs must be on a lead at all times in public places, unless in one of our seven off-leash areas.**

### DOG FRIENDLY BEACHES

- ▶ Angels Beach, East Ballina (*on leash*)
- ▶ Sharpes Beach, Skennars Head *excluding beach patrol area (on leash)*
- ▶ Seven Mile Beach, Lennox Head *north of surf club (off leash)*
- ▶ The Spit, Ballina (*off leash*)

### OFF LEASH AREAS

- ▶ Bicentennial Gardens, Ballina
- ▶ Compton Drive, East Ballina
- ▶ Gap Road, Alstonville
- ▶ Seven Mile Beach north of surf club, Lennox Head
- ▶ Ballina Heights Eastern Reserve
- ▶ Headlands Drive Drainage Reserve, Skennars Head
- ▶ The Spit, Ballina

Please be considerate of other users of these areas. Your dog must always be under effective control.

Take note of onsite signage about dog rules.

### KEEP BALLINA BEAUTIFUL

Remember there's no such thing as the dog poo fairy! Bag the poo, bin it or take it with you.

Visit [ballina.nsw.gov.au/ExercisingYourDog](http://ballina.nsw.gov.au/ExercisingYourDog) for more information



Angels Beach



## DISMOUNT AREAS

Bike riders must dismount and walk their bikes:

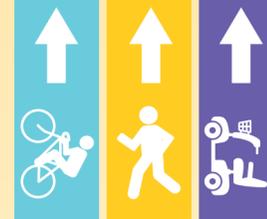
- ▶ on footpaths
- ▶ to use pedestrian crossings
- ▶ at the end of shared paths.

### LOCK IT UP!

Avoid theft and secure your bike when unattended. Carry a good bicycle lock and secure the wheels and frame.



Shaws Bay Loop Walk



## THE PATH is THERE to SHARE

Shared paths are for both pedestrians and bike riders.

### BIKE RIDERS SHOULD:

- ▶ Give way to pedestrians
- ▶ Keep left unless overtaking
- ▶ Ride at low speeds in busy areas when approaching corners and crests
- ▶ Ring your bell and slow down when approaching other path users
- ▶ Where possible, allow one-metre space for pedestrians
- ▶ Move off the path if stopped.

### PEDESTRIANS (including walking, jogging, skating, mobility scooters and motorized wheelchairs) SHOULD:

- ▶ Keep to the left
- ▶ Travel in a predictable manner
- ▶ Listen for the sound of a bell and avoid moving into the path of a bike
- ▶ Supervise young children at all times
- ▶ Keep dogs on short leashes
- ▶ Move off the path if stopped.

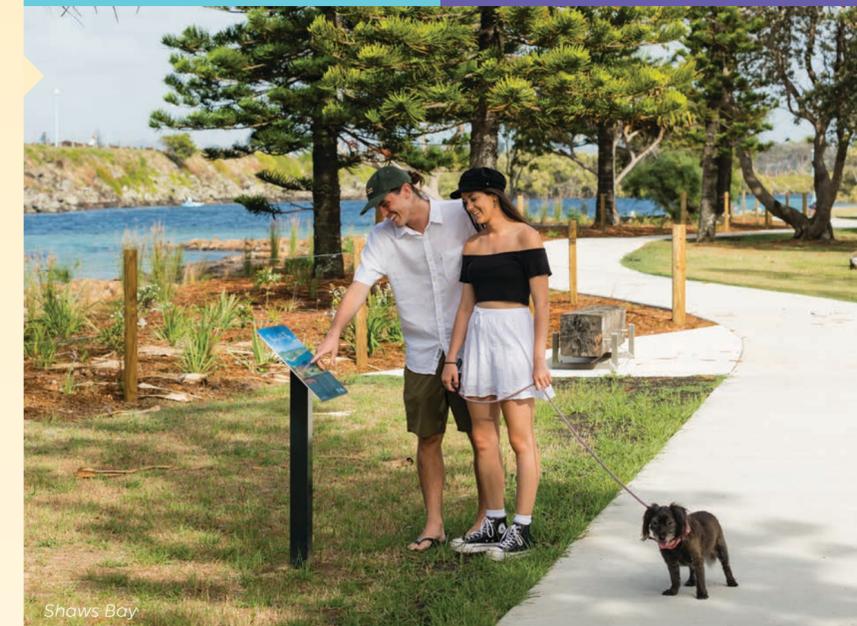
### MOBILITY SCOOTERS SHOULD:

- ▶ Follow the same rules that apply to pedestrians
- ▶ Ride on the footpath or shared path, not the road
- ▶ Not exceed 10km/h
- ▶ Ride at walking speed (2-3 km/h) in busy pedestrian areas
- ▶ Use baskets or racks: overloading may affect balance and control
- ▶ Health and medications may affect your ability to use your scooter: check with your doctor or pharmacist.

EXPERIENCE the BALLINA COAST and HINTERLAND by BIKE, SCOOTER, ON FOOT and WITH YOUR PET



CYCLEWAYS and SHARED PATHS of BALLINA SHIRE



Shaws Bay



Knockrow

Lennox Head

Tintenbar

Wollongbar

Alstonville

Ballina

South Ballina

Wardell

ballina shire council

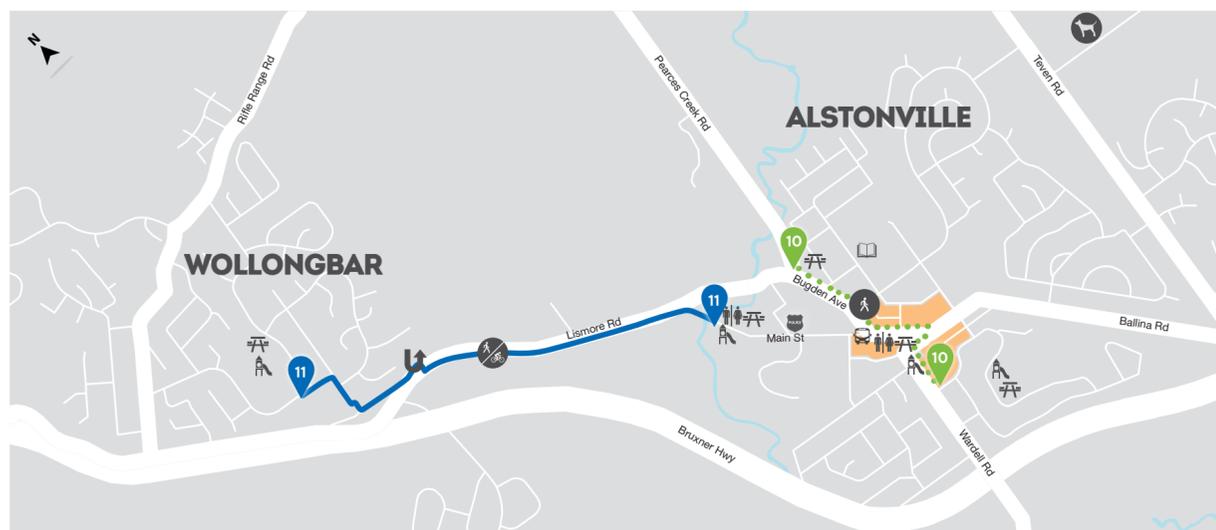
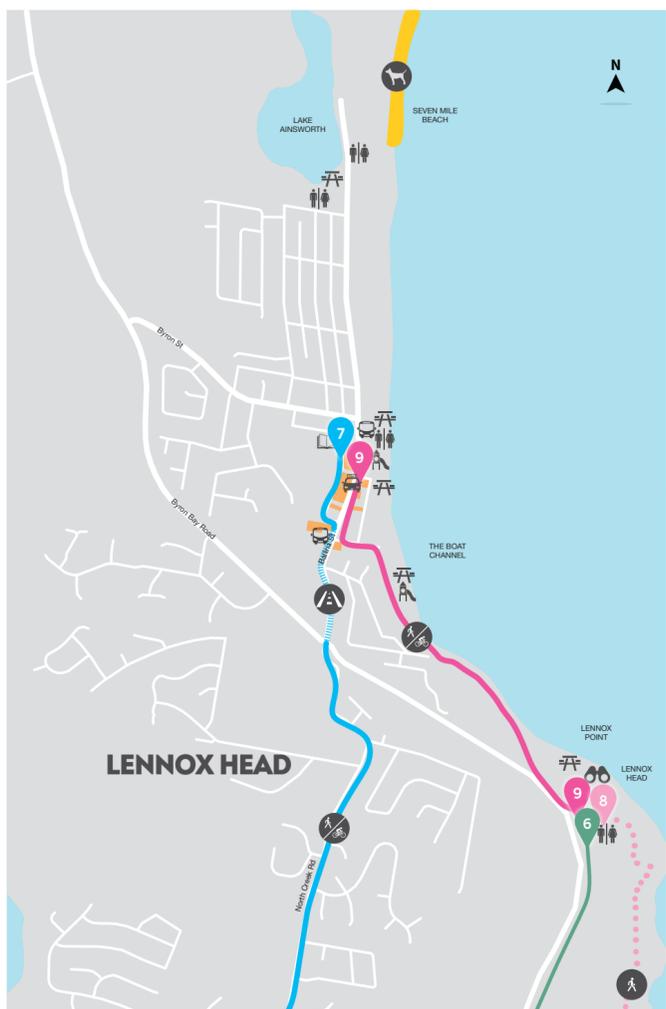
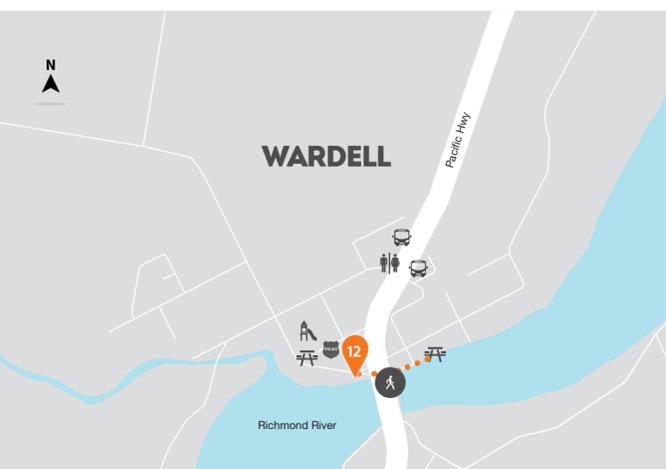
## WANT to KNOW MORE?

Ballina Visitor Information Centre  
Ph: 1800 777 666  
[discoverballina.com.au](http://discoverballina.com.au)  
ballinacoastandhinterland

Ballina Shire Council  
40 Cherry Street, Ballina  
Ph: 1300 864 444  
[ballina.nsw.gov.au](http://ballina.nsw.gov.au)  
ballinashirecouncil

**LEGEND**

-  SHOPPING PRECINCT
-  INFORMATION CENTRE
-  TAXI RANK
-  FERRY
-  BUS TERMINAL
-  PUBLIC LIBRARY
-  PUBLIC TOILETS
-  PICNIC TABLE
-  LOOKOUT
-  HOSPITAL
-  POLICE
-  AIRPORT
-  PLAY EQUIPMENT
-  UNDERPASS
-  OVERPASS
-  SHARED PATH
-  WALKING ONLY PATH
-  ON-ROAD SECTION
-  DOG OFF LEASH EXERCISE AREA



- 1 BALLINA LOOP – 11.5KM**  
Predominantly off-road shared paths and flat terrain. River, lake and beach views.
- 2 SHAWS BAY LOOP WALK – 3.1KM**  
Enjoy the Shaws Bay loop, along North Wall and the boardwalk through mangroves and saltmarsh.
- 3 BALLINA CBD TO FERRY – 4KM**  
From the river front in Grant Street (RSL) follow the shared path across Fishery Bridge through West Ballina to the Burns Point Ferry. A mostly flat ride through town, past West Ballina shops and the Big Prawn.
- 4 BALLINA TO CUMBALUM – 5KM**  
Take the shared path from Ballina Central (Bangalow Rd), across Canal Bridge. Industrial areas give way to rural views, with a steep ascent to Cumbalum.
- 5 KERRY SAXBY WALKWAY – 4.5KM**  
Retrace the training grounds of a former Olympian race walker. Take your winning podium photo with Kerry at the foreshore near the Ballina War Memorial Pool.
- 6 EAST BALLINA TO PAT MORTON LOOKOUT – 8.1KM**  
Start on the shared path near North Wall and follow the Coastal Shared Path to Pat Morton Lookout. Views of beaches and dunal areas. A few steep sections.
- 7 ANGELS BEACH TO LENNOX HEAD – 7.8KM**  
From the Coastal Shared Path at Angels Beach, cross the shared path bridge to The Terrace. Ride this on-road section then re-join the shared path on the western side of The Coast Road. Steep sections.
- 8 SHARPES BEACH TO PAT MORTON LOOKOUT WALK – 3KM**  
Follow the Coastal Recreational Walk from the southern end of Sharpes Beach to Pat Morton Lookout. Ocean and area views.
- 9 LENNOX HEAD TO PAT MORTON LOOKOUT – 1.2KM**  
Join the shared path off Rutherford Street and follow the coastline and gradual ascent to Pat Morton.
- 10 ALSTONVILLE HERITAGE WALK – 0.8KM**  
From Crawford House Museum, take a walk through the streets of Alstonville for historic parks, churches and buildings.
- 11 ALSTONVILLE TO WOLLONGBAR VILLAGE LINK – 1.4KM**  
Go up the leafy path from Bulwinkel Park Alstonville. Gradual slopes and rural views, with an underpass to Wollongbar.
- 12 WARDELL BOARDWALK – 70M**  
An easy boardwalk stroll with river and bridge views.